



## Conan Fitness COVID-19 Notice

### Update

29 March 2020

Hello Warriors,

As of today new guidelines restrict social gatherings to two people. Previously we could run outdoor group sessions of up to 10 but unfortunately this is no longer viable.

What this means is that we will have to cancel all currently scheduled groups and all memberships will be automatically suspended.



We can, so far, still run outdoor sessions of two people so for those that still wish to keep up their training you have the choice to arrange alternative options directly with one our team.

Feel free to call directly and let us know if you'd like alternate arrangements:

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Thanks for your patience and understanding in this constantly-changing environment.

The Conan Team